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Mental and physical health is encompassed in healthy living, and Chesterfield offers many programs that help residents keep active, and also engage their minds to improve the quality of their lives.

Chesterfield's Mental Health Support Services implemented [“Same-Day Access”](#) that enables people in need of mental health services to be screened the first day they ask for help. This was a significant improvement in customer service since they no longer had to wait weeks for appointments. Chesterfield has been the leader in creating this model, which has been in place for almost two years. Recognizing the county for its leadership in this area, Gov. Terry McAuliffe visited the county in June to sign new bills in support of recovery. Chesterfield will be among the first eight public mental health providers in the state to get additional funding to improve these services.

Too many times children in the foster care system face the harsh realities of life and feel a lack of support. To help these kids know that they're important and worthy,

Social Services partners with [Worthdays](#), a 501(c)(3) nonprofit organization, to ensure that they are recognized and celebrated on the important days in their lives, such as birthdays and graduations.



Social Services continues to offer a broad array of programs. One of these is Families First, a home-visiting program that helps mothers improve their children's health, nutrition and developmental outcomes. In fiscal 2017, Chesterfield's [Families First program was accredited](#) by Healthy Families America as a provider of high-quality home-visiting services. Its annual March diaper drive at local library branches collected more than 10,000 diapers, pull-ups and wipes.